

Gymboree Play and Music Bristol Timetable 2020

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30 - 10:15	Level 7	Level 6	Level 5	Level 2	Level 7	
10:45 - 11:30	Level 3	Level 2	Level 4	Level 5	Level 6	
12:00 - 12:45	Level 5	Level 3	Level 6	Levels 3 and 4	Level 3	
1.15 - 2:00	Open Gym (28th September)	Open Gym (29th September)	Open Gym (30th September)	Level 7 (1.45pm start until 22nd Sept)	Level 2 (22nd September)	
2:30 - 3:15	Level 4 (28th September)	Level 3 (29th September)	Level 2 (30th September)	Level 6 (1 October)	Levels 6 and 7	
3:45 - 4:30	Levels 2 and 3 (28th September)	Level 4 / 5 (28th September)	Level 5/6 (30th September)	Open Gym (1 October)	Open Gym (2 October)	

B2W = Back to work membership

Baby Classes 0 - 9 Months

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 - 10:45		Sensory Baby (22nd September)		Sensory Baby (24th September)		
11:15 - 12:30		Baby Massage				
1:00 - 2:15				Baby Massage		
1:45 - 2:30	Sensory Baby		Sensory Baby			

Classes	Designed for...	Age range (these are just as guide)	Developmental Stage
Sensory Baby	Pre-mobile babies	0 - 9 months	A world of sensory exploration awaits! Creating a soothing environment; little ones delve into a feast of gentle and stimulating activities, all designed to keep those little minds calm and attentive in their new and exciting world. From baby signing to scarf play, mirrors, music and much, much more! We'll create a secure foundation for your little ones brain to absorb and develop many new and fabulous skills. (Sensory baby and baby massage will take place in the cafe which is up 1 flight of stairs)
Level 2	Crawlers and shufflers	6 - 14 months	Your little ones are starting to get on the move! Watch, in amazement, as they discover the effect they have on the world around them. We'll find exciting ways of strengthening muscles, building coordination and mobility with our wide range of fun-packed themes and activities along with the help of our purpose-built equipment.
Level 3	Walkers/ cruisers	10 - 18 months	Confident crawlers are progressing to mighty little cruisers! We're now becoming more aware of others around us. At Gymboree we call them our 'Little communicators' as they start to tell us what they think and we'll be finding ways of stimulating two-way communication as we continue to explore the equipment at a more advanced level; continuing to build coordination and strength.
Level 4	Runners	16 - 24 months	No messing around here! It's time to get problem solving as put those curious minds and adept physical skills to use. Through our unique approach to learning, you'll marvel as your little one starts figure out how the world works.
Level 5	Explorers	22 - 28 months	This session completely allows your little ones newly developed creativity and boundless energy lead the way through our play floor. Imaginary themes and games support the development of symbolic thought and play. One day we'll be exploring the life of dogs, the next, we might be leaping over logs. We'll transform slides, tunnels and ramps into waterfalls, fire engines, dinosaurs and so much more!
Level 6	Explores Plus	28 - 36 months	We have now become 'logical' thinkers; continuing to explore their imagination, symbolic thought develops into advanced imaginary play as we start to explore the process within the theme, progressing to linking idea's together using concepts and vocabulary. We'll include storybooks, conversation and group activities to help unleash your little ones logical mind and creative energy.
Level 7	Explores Advanced	3 years plus	Using the whole of our gym floor to explore cooperative games and imaginary adventures, the next step up from level 6!