

Age/ability (for guidance only)	Class Name	Class Day & Time
Newborn-12 months Pre-mobile	IAIM Infant Massage Course	Thursday 12-1:15pm Please contact us for course dates
Newborn-8 months (pre-mobile)	Baby Lab	Thursday 9:30am
		Thursday 2:30pm
		Friday 2:30pm
6-10 months Confident sitters & early crawlers	Play & Learn Crawlers	Monday 2:30pm
		Tuesday 10:45am
		Wednesday 12pm
10-16 months Confident crawlers & early walkers	Play & Learn Walkers	Monday 1:15pm
		Tuesday 9:30am
		Wednesday 2:30pm
		Friday 3:45pm
16-22 months Confident walkers & climbers	Play & Learn Runners	Monday 9:30am
		Tuesday 2:30pm
		Wednesday 10:45am
		Thursday 3:45pm
		Friday 10:45am
22-28 months Imaginary play, early language skills	Play & Learn Explorers	Monday 10:45am
		Wednesday 9:30am
		Wednesday 3:45pm
		Friday 9:30am
28 month-3 years Further imaginary play	Play & Learn Explorers Plus	Tuesday 12pm
		Thursday 10:45am
3-5 years Pre-school skills	Play & Learn Explorers Advanced	Friday 12pm
Mixed ages (6mo-5 yrs) Single children and siblings welcome	Family Play & Learn	Monday 3:45pm
		SUMMER ONLY Tuesday 3:45pm
		Wednesday 1:15pm
		Saturday 10am
Open Gym	Free Play for active members (no charge) <u>Pre-booking essential</u>	Monday 12pm
		Tuesday 1:15pm
		Friday 1:15pm
		Saturday 11:15am

All sessions are 45 minutes long